



on • Catherine Hope Foundation •

Serve With Love To Empower

Acts That Matter

CATHERINE
HOPE
FOUNDATION

'24

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01.

Vision Mission Statement

Vision Mission Statement

To serve with a gentle and compassionate heart to lift the downtrodden and bring true transformation to individuals, leading to empowered, depression-free, and healthy communities.



Build multifaceted platforms enabling people from all walks of life to live life to its fullest.

Ensure access to quality education, foster holistic education and development for children, and provide daily nutritious food to support their well-being.

Empower the differently-abled, support cancer patients, and assist widows, vulnerable women, and others in need, with a focus on alleviating suffering and improving well-being.



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Acts That Matter '24

02.

A Vision for Change: From The Founders' Helm

From The Founders' Helm

Catherine Hope Foundation



Dear Friends,

As we reflect on the year 2024, we are overwhelmed with gratitude and a renewed sense of purpose. This year has been one of resilience, hope, and transformation, and every step of the journey has been made possible through your unwavering support.

At the heart of our work this year was our Monthly Grocery Distribution Programme, which reached hundreds of beneficiaries across all our fields of service. From cancer patients and widows to the differently-abled and the destitute, we worked tirelessly to ensure that no one in our community went to bed hungry. Receiving essential groceries every month helps reduce a large burden on the family.

We also extended critical support to cancer patients, helping with surgeries, providing protein powders to aid their recovery, and donating wheelchairs to improve mobility and dignity. These efforts have been life-changing for patients on the streets. Munna, a young man from Bihar battling fourth-stage rectum cancer, reminds us of the extraordinary strength of the human spirit.

612+

This year CHF has distributed grocery packets to all our beneficiaries

Despite living on the streets near the hospital with his family, Munna fights on with unwavering determination. His story is a stark reminder of the immense hardships faced by those with critical illnesses and a call for us to extend our support in their time of need. Our focus on education has also seen remarkable milestones. Harini, a bright 11th standard student, found solace and opportunity at our computer Center, which has become a second home for many students like her.

Coming from a family of daily wage laborers, her drive to learn and improve her future inspires us all. She dreams big and takes small yet meaningful steps toward her aspirations, along with our other computer students. This year, we are proud to announce our plans to expand our computer classes to college students. Along with basic computer skills, we aim to introduce advanced training in programming languages, web development, and software tools, empowering young people to become job-ready and equipped to thrive in the modern world.

Edwin, once addicted to mobile games and dismissive of elders, turned into a beacon of kindness and responsibility through our Change Ambassadors Programme. Witnessing him embrace compassion, responsibility, and a newfound purpose is a testament to the values we aim to instill in every child who walks through our doors.

Thanuja, who struggled with poor grades, is now a school topper, thanks to the dedicated efforts of our staff, who guide her toward self-discipline and focus. Transformations like Edwin's and Thanuja's reaffirm why we do and what we do.

Our Differently-Abled Empowerment Programme (DAEP) continues to inspire and uplift lives. Santhakumar, who has relied on us since 2020, has shown remarkable health improvement due to the nutritional superfoods we have been provided. For the first time, he can eat on his own using a spoon, a milestone that filled our hearts with joy.

Johnson, a differently-abled watchman at Ennore, recently suffered a severe workplace injury, leaving him unable to work and in immense pain.

With no support from his employer, his family faced desperate times. We stepped in to provide regular nutritious grains, bringing much-needed relief and stability to their lives. This Christmas, we also gifted new clothes to his sons, Daniel and Lawrence, bringing smiles and hope to their family. Our continued support has been a lifeline for Johnson, helping him and his family navigate this challenging period with dignity and strength.

The Widows Welfare Programme has been a lifeline for women like Rasathi, who is raising her young daughter and supporting her elderly parents alone. With the monthly essential groceries provided by CHF, she has found relief from some of her burdens and the courage to keep moving forward.

This year, we reached out to more beneficiaries than ever, providing life-changing resources and care. Among the highlights:

- Hundreds of grocery packets distributed monthly to beneficiaries across all programmes—cancer patients, the differently-abled, widows, and the poor.
- Support for cancer patients, including funding for surgeries, protein supplements, and wheelchairs.
- New additions to all our programmes, ensuring no one is left behind in our mission to serve.

As we look ahead to 2025, we are filled with hope and ambition. Construction of our own facility will soon begin, providing a safe and permanent space for the children currently in our rented accommodation. This project has a budget of approximately ₹1.8 crore, and we humbly seek your support to bring this vision to life. Additionally, our plans to expand our computer education programme aims to create a generation of skilled, confident, and job-ready youth who can break-free from the cycle of poverty.

Every meal served, every skill taught, and every life touched is a testament to the power of compassion and collective effort. On behalf of everyone at Catherine Hope Foundation, we extend our heartfelt gratitude to each one of you—our donors, volunteers and well wishers whose generosity fuels our mission.

As we step into 2025, let us continue this journey together, bringing hope, dignity, and opportunity to those who need it the most. Together, we can build brighter futures and transform lives, one story at a time.

With heartfelt gratitude,

Selvinson and Graciana



03.

Call to Action

Call to Action



Every dream starts with hope, and every step forward begins with someone who believes. For the past four years, your belief in us has been our strength. Together, we've navigated challenges—leaky roofs, unsafe spaces, and the constant need to adapt. And together, we have turned obstacles into opportunities for children, women, and families in Ennore and Ernavur.

With your incredible support, we were able to buy land and secure approvals for a permanent Catherine Hope Center. The new Center would be more than a building—it will be a promise to every child we teach, every widow we support, and every woman we empower. It is a promise of safety, opportunity, and hope.



Now, we are reaching out to you again, not just as a supporter but as part of our family. To bring this vision to life, we require

₹1.8 crore

It's a big number, but it is built on small acts of kindness. A contribution from you, no matter how small, can lay another brick in this foundation of hope.

This Center will be a place where:

- 80+ children can laugh, learn, and grow in a safe environment.
- Women can build their future through skills that sustain them and their families.
- More lives can be touched through programmes like cancer care, widows support, and emergency relief.

Think of the difference you can make, the opportunities you can create for someone who might never meet you but will forever be changed by your generosity.

Your belief has brought us this far. Let's take this next step together. Donate today, and let's build not just a Center but a community where hope truly lives.



04.

Impact Stories

Differently-Abled Empowerment Programme (DAEP)

The Differently-Abled Empowerment Programme (DAEP) was the first initiative started by Catherine Hope Foundation (CHF) in Dindigul and Ennore. This programme supports differently-abled individuals by providing them with financial support, mobility devices, nutritious supplements, and groceries to improve their health and well-being.

In addition to this, CHF also helps those in need by providing prosthetic limbs, enabling them to lead a more independent life. Through this programme, we aim to bring hope and support to those facing physical challenges.



Diwakar's Story of a Family's Silent Struggle



Diwakar is a 14-year-old child with special needs from Ennore who cannot speak and has difficulty walking. He lives with his parents and two younger brothers. He finds comfort in sounds and constantly needs to hear some sort of sound to feel better.

His mother cares for him all day because he cannot be left alone. He spends most of his time watching television, but his intense need for sound has led him to break seven televisions and three cupboards so far. When the family needs to go out, they have no choice but to lock him inside the house, leaving the TV on to keep him calm.



If there is silence, Diwakar becomes distressed. In frustration, he bangs his head against the wall, hurting himself, just to create sound that soothes him. His father, a construction worker, works hard to support the family, while his mother stays home to take care of him. His two younger brothers go to school, but the family struggles daily to manage Diwakar's needs.

Understanding their difficulties, CHF provides the family with monthly groceries, helping them ease their financial burden and ensuring they have enough to eat.

Cancer Warriors' Care Programme (CWCP)

The Cancer Warriors' Care Programme at CHF, started in Mumbai, supports cancer patients who struggle with the high cost of treatment and lack basic necessities. Many patients, after receiving treatment at Tata Memorial Hospital, are forced to stay on footpaths due to financial difficulties and the inability to find affordable accommodation.

In such challenging times, we provide safe shelter, groceries, and support for their treatment, ensuring they receive the care, comfort, and health they need during their fight against cancer.



Cancer Warriors' Care Programme

Munna's Journey of Hope with CHF



Munna, a hardworking man from Siwan Village, Bihar, was leading a simple life, supporting his family by grazing cows. But his world turned upside down when he was diagnosed with stage four rectal cancer. Forced to leave his village for treatment at Tata Memorial Hospital, Mumbai, Munna and his family found themselves in a desperate situation.

With no financial stability, his wife, three young children, and 70-year-old mother were left struggling. They had no home in Mumbai and were forced to live on the footpath near the hospital, cooking meals on the roadside while Munna underwent eight rounds of chemotherapy.

That's when CHF stepped in. Understanding the severity of Munna's situation, CHF provided financial assistance for his treatment, ensuring he continued chemotherapy without delays. Along with medical support, CHF also helped his family by providing essential groceries, ensuring they had enough food to sustain themselves during this difficult time.

Munna's fight is still ongoing, but with CHF's unwavering support, he and his family have found hope and relief. Their story is a testament to how compassion and timely help can change lives.

Women Empowerment Programme (WEP)



At CHF, we initiated a Women Empowerment Programme (WEP) after learning from the children at the Center that many of them go to bed hungry and struggle to meet their daily needs due to alcoholic and abusive fathers and other societal challenges. The mothers are not given money to even feed their own children. Many of them are not even allowed to work or make a living. To support these women and children, we focused on training mothers in jewellery making and baking. By empowering these women and training them in essential skills, we are enabling them to have a livelihood. These skills have opened doors to new opportunities and fostered a sense of independence and confidence.

“With every step they take, the women in our programme inspire us to believe in the brighter future we’re creating together”.

Lakshmi's Perseverance and Resilience Through Tragedy

Lakshmi, a mother of three and a participant in our Women Empowerment Programme (WEP) at the Catherine Hope Center (CHC) in Ennore, has endured unimaginable challenges. Her story is one of pain, perseverance, and the need for community support as she navigates a devastating tragedy. For months, Lakshmi faced the dual burden of raising her children Krithika, Thuveshana, and her youngest, a five-year-old son, while dealing with an alcoholic and abusive husband.



Her husband, struggling with this addiction, frequently subjected her to physical and emotional abuse, despite interventions and ongoing support from CHF.

In November 2024, the situation took a tragic turn. During a severe family conflict, Lakshmi endured another violent assault, witnessed by her young children. Their cries of distress only added to the tension. Overwhelmed by the turmoil and frustration, her husband withdrew and, in a heartbreaking act, took his own life.

Now, Lakshmi finds herself at crossroads. She is grieving the loss of her husband while trying to comfort her traumatised children and rebuild their lives amidst overwhelming pain. This tragedy has left her family shattered but they are determined to move forward.

Lakshmi's strength and resilience are evident, but she needs moral support and encouragement now more than ever. We ask for your support for Lakshmi and her children as they navigate this difficult time. Your kindness and solidarity can provide the emotional strength she needs to heal and move forward with hope.

Change Ambassadors Programme (CAP)



Catherine Hope Center was founded by Catherine's parents, Mr. Selvinson and Mrs. Graciana Vinola, with a mission to empower the children at Ennore. The Center offers a space where children are valued, supported, and encouraged to grow not just academically but in their talents and hobbies. Through the provision of healthy food, education, and a computer training facility, we equip them with the skills they need to thrive in today's world.

In honour of Catherine, who is no longer with us, we are determined to raise many more Catherine's. Our vision for the Center is to provide every child with the same opportunities Catherine would have had—quality education, extracurricular activities, and emotional support. We go beyond academics, celebrating creativity and expression through Music classes, Spoken English, Computer Classes, and a Library.

This Center is a place where every child is given a chance to shine and thrive in a warm, supportive community, continuing Catherine's legacy and building a bright future.

Edwin's Inspiring Journey of Transformation



Meet Edwin, a shining star from the Catherine Hope Foundation in Ennore. On October 19, 2024—Catherine's birthday and a day of great significance—Edwin took a bold step forward during our first-ever corporate visit to NETZSCH.

Standing before a room full of professionals, Edwin shared his powerful testimony, a heartfelt story of his life before and after becoming a part of the CHF family. He spoke with confidence and gratitude about the profound changes he has experienced.

Once shy and indifferent to the needs of others, Edwin rarely extended a helping hand—whether it was assisting the elderly or offering support to a small child. But now, his attitude has undergone a remarkable transformation. Embracing the values of kindness and compassion, Edwin is quick to help those in need and has become a young leader who leads by example. His newfound compassion is accompanied by obedience and respect towards his elders, making him a true inspiration to all around him.

Edwin's journey is a testament to the power of love, guidance, and the right opportunities to bring about meaningful change. Watching him share his journey with such poise and courage inspired everyone present and reaffirmed CHF's mission to nurture and empower every child.

Small Steps and Big Changes in Saranya's Path to Success



Saranya's story is a beautiful example of how small steps, taken consistently, can lead to incredible growth. When she first joined our Center, she was an average student, uninterested in her studies. However, we saw her potential and began encouraging her in little ways—giving her stars for her efforts, appreciating her progress, and motivating her with kind words. Slowly but steadily, she started responding to this encouragement and became more involved in her learning journey.

As part of our Change Ambassadors Programme, Saranya learnt important values like obedience, friendship, and the importance of relationships. She didn't just listen—she applied these lessons in her daily life. Over time, this brought about a noticeable change in her character. She began helping her mother at home with chores like washing vessels and other small tasks, which helped her grow into a humble and responsible young girl.

Her transformation extended to her academics too. Saranya joined our spoken English classes, where she made remarkable progress. She would write down new words, learn their meanings, and make an effort to use them in her conversations with friends and teachers. This dedication didn't go unnoticed, her school teachers were so impressed with her improved language skills that they asked her how she had achieved such progress. Saranya proudly shared that it was because of the spoken English classes at the Center.



Beyond academics, Saranya also discovered her talent in music. She worked diligently to hone her skills, and her efforts paid off when she earned the prestigious Trinity First Grade Certificate.

With time, Saranya's hard work and commitment made her one of the best students in her class. Her consistent efforts earned her recognition at the Center, where she received the Best Student's Award or the Captain's Award.

Each of these small achievements has contributed to the confident, talented, and humble young girl she has become today. Saranya's journey has been one of our proudest moments, and she continues to inspire everyone around her with her determination and resilience.

Healthy Grains Programme (HGP)



At Catherine Hope Foundation, we believe that no child should go to bed hungry and that good nutrition is the first step toward a healthier future. That's why we started the HGP an initiative that provides nutritious, wholesome food to children and families in need.

Many of the communities we serve struggle to access balanced meals, often relying on nutrient-poor diets. Through this programme, we introduce them to locally available, highly nutritious grains like ragi, millets, and pulses, ensuring they receive the essential nutrients needed for their growth and well-being.

Our HGP, isn't limited to one initiative, it spans across all our other programmes, ensuring that nutritious food is incorporated into every aspect of our work. Whether it's the Catherine Hope Center, where our children receive wholesome snacks during their learning sessions, or the DAEP, CWCP, the impact of healthy grains is felt everywhere.



Even in our Widows Welfare Programme, we make sure that the food distributed includes these grains, helping elderly women stay strong and healthy. Our cancer care initiatives also benefit from this approach, as we provide nutrient-dense foods that support recovery and overall well-being.

Through the HGP, we ensure that every meal served through CHF contributes to long-term health, strength, and nourishment. This initiative is more than just about food—it's about transforming lives, one grain at a time.

Arun's Tale of Endurance and Bravery



In a small house, in a corner of Chennai city, lived a young boy named Arun. His world was small, confined to the four walls of his family's rented home. He was different from other children; he could not move his legs and was also mentally challenged, but his family struggled to fully understand him. Every day was a battle for him, a silent struggle to communicate even his most basic needs. His mother was the only person who could read every gesture, every slight movement, and every look in his eyes. She knew when he was hungry, when he needed something, or when he was simply in need of love and comfort.

Arun came from a family of four and resided in Ennore. His father, an old tailor, worked whenever local companies near him needed uniforms or school bags stitched. But his eyesight had begun to deteriorate. Despite his efforts, his earnings barely fed his family, and covering Arun's medical needs was a constant challenge. Medication, diapers, and toiletries for Arun alone cost more than Rs 3000 per month.

The government aid provided to Arun partially meets his medical needs, but the family struggles to manage the rest. Not knowing how to handle the situation, his father often said he would soon look for a watchman job, even though he was aging.

Arun's brother-in-law, with a big heart, had opened his home to Arun and his parents, providing them with shelter and care. Despite his efforts, the situation remained difficult. A nearby school had been willing to admit Arun, but they required someone to care for him full-time, as they could not offer personal attention to just one child. Sadly, no one could provide that care, so Arun stayed at home.

Arun could not express his pain, not even through tears or shouting. During a field visit, a CHF volunteer discovered Arun and witnessed his struggle. We enrolled him in the Healthy Grains Programme for six months, and depending on his progress, we hoped to offer more support.



05.

2024 in Review - Moments of Transformation and Love

Restoring Hope at CHF's First Mega Physiotherapy Camp at Dindigul

In May 2024, we had the opportunity to organize our first-ever Mega Physiotherapy Camp in Kallupatti, Dindigul. It all started with the genuine pleas of our beneficiaries, and we were determined to make it happen. The camp was inaugurated by Mr. Jaya Pravinth of JC Hotels, Dindigul, and was filled with hope and excitement from the start.



A team of physiotherapists, led by Dr. Premkumar and Dr. Joyce, along with nurses and volunteers, provided much-needed care to over 90 differently-abled individuals from Genguvarpatti, Kattakamanpatti, and Kallupatti. People with hand, bone, spinal, and knee problems eagerly lined up for treatment. Mottaiyandi, a grateful beneficiary from Genguvarpatti, shared how the camp had been a lifeline for those who couldn't afford such care.

One story that stood out was Karthiga, a young girl with polio, who couldn't attend the camp because her vehicle had a breakdown. However, Dr. Joyce personally visited her home, teaching her exercises to improve her mobility. It was an amazing experience, and we are grateful to the doctors, volunteers, and donors who made this camp a success. We look forward to helping our community even more in the future.



A Bright Summer Camp at CHF



Catherine Hope Center organized a summer camp for children from the fishermen communities of Ennore and Ernavur to keep them off the streets during vacation. The goal was to engage them in activities that would help them grow, learn, and discover new interests.



We focused on skills like spoken English, storytelling, art, basic computer skills, baking, music, and tailoring—basically things that could open doors for them in the future. The kids were so excited about the activities that they even asked and wanted to stay longer, even after the lunch break, from 2pm onwards, instead of just the morning session.



It was incredible to see how their interest grew, and some of them even made beautiful craftwork, cakes, and stitched clothes, showing the potential these hobbies could have in their lives. Big thanks to all our volunteers and supporters for making this camp such a success.



Beat the Heat with CHF in Ennore



CHF has been running the "Beat the Heat" campaign in Mumbai since April 2022, specifically for cancer warriors. This year, we expanded the initiative to Ennore as a community welfare programme. Our staff, women from the Women Empowerment Programme, and seven older children from Catherine Hope Center joined hands for this good work.

On a scorchingly bright Saturday afternoon, they distributed around 30 litres of fresh buttermilk to people on the streets outside the government hospital. Our children were excited to be part of this community service, sharing refreshments to those exhausted from the heat. A grandmother, feeling giddy, gratefully received buttermilk, while bus drivers and conductors also stopped by for a drink.

The response was overwhelming, with many expressing gratitude for the thoughtfulness shown during the scorching heat in Chennai. It was a satisfying day for all who were involved, and we look forward to continuing this initiative.



Celebrating Catherine's Birthday with an Inspiring Corporate Visit to NETZSCH!



On October 19, 2024, we organized a memorable and exciting day for the children from the Catherine Hope Foundation (CHF) as they embarked on their first-ever corporate visit. In celebration of Catherine's 22nd birthday, we arranged for the children to visit NETZSCH, where they had an unforgettable experience. The NETZSCH team greeted them with roses, snacks, and drinks, creating a warm and festive atmosphere from the very start.

The children eagerly engaged, asking thoughtful questions and participating in interactive games focused on communication skills. A video on Thomas Edison inspired them to pursue their dreams and goals with passion. The visit also included a fascinating tour of the laboratory, where they learnt about the science behind everyday products like toothpaste and chocolate.

Students like Lawrence, Ajay, and Edwin shared their personal stories, highlighting how CHF's Change Ambassadors Programme had helped them excel academically, develop their leadership skills, and grow in confidence. This programme has been instrumental in shaping their journeys, and they reflected on how it had empowered them to pursue their passions.

The day concluded with a cake-cutting ceremony, and NETZSCH generously gifted each child with presents. It was a day filled with learning, joy, and inspiration, leaving a lasting impact on the children and everyone involved.

Musical Achievements at the Catherine Hope Center



We are delighted to share a heartwarming update from our music programme at Catherine Hope Center. Last year, three of our wonderful students took the Trinity College London Grade 1 music exam, and this year, we were overjoyed to watch them receive their certificates. What made it even more special was knowing that one of them had achieved a distinction; it was such a remarkable accomplishment.

This milestone is not just a reflection of their talent but of the dedication, perseverance, and love for music they have shown. We are so proud of them and can't wait to see more of our students continue to shine like stars.



06.

Obituary

In Loving Memory of Kunta Virkar

(January 15, 2004 – September 28, 2024)



Kunta Virkar

was more than just a young girl we met outside Tata Memorial Hospital in 2020—she became a part of our hearts and our family. She was only 16 then, a cheerful 10th grader from a small village in Maharashtra, filled with dreams and a contagious smile that could brighten anyone's day.

Behind that smile, though, she carried a heavy burden—stage 3 osteosarcoma, a diagnosis that turned her life upside down.

Kunta faced her illness with strength and grace that left us in awe. To save her life, she underwent a rotationplasty, a procedure that would have crushed the spirit of most people, but not Kunta. Despite the pain and challenges, she always greeted us with that same radiant smile, a symbol of her resilience and hope.

Every visit to Tata Hospital became something we looked forward to—not because of the place, but because of her. She inspired us in ways we didn't expect. Catherine, too, had faced the same cancer, and in Kunta, we saw a reflection of Catherine's courage. This connection made her even more precious to us.

For a while, it seemed like the worst was behind her. The cancer went into remission, and there was hope. But life had other plans. The cancer came back, this time as stage 4, and the battle became even harder. We did everything we could to support her—helping with surgeries and medications, bringing her small gifts like makeup, earrings and jewellery, which she adored. She found joy in these little things, and her gratitude for life's simple pleasures taught us so much about appreciating the moment.



When the doctors told us there was nothing more to be done, it broke all our hearts. She went back to her village to spend her final days with her family, who cared for her as best as she could. The last few weeks were agonizing. Kunta's body grew weaker, and her pain became unbearable. Her grandmother, with limited resources, gave her sabudana (tapioca) water to keep her going, but there was so little anyone could do. We used to keep in touch with her through video calls every now and then and still supported her family financially.

Kunta passed away on September 28, 2024. Her life was far too short, but her impact was immeasurable. She was a living example of courage, faith, and resilience—a light in the midst of darkness.

Even in her absence, Kunta continues to teach us. She showed us the power of hope, the importance of fighting for others, and the beauty of a smile even in the hardest moments. She reminded us of Catherine's bravery, and now her memory stands beside Catherine's as a source of inspiration.

Kunta, you are forever in our hearts. Thank you for letting us be a part of your journey. You may be gone, but your spirit and your smile will stay with us always. Rest peacefully, dear one.



In Loving Memory of Mottaiyandi



Mottaiyandi

It is with deep sadness that we mourn the loss of Mottaiyandi, a cherished member of our Differently-Abled Empowerment Programme (DAEP) in Dindigul. His passing is a profound personal loss to the Catherine Hope Foundation (CHF).

Mottaiyandi holds a special place in our hearts as the first beneficiary to receive a prosthetic leg through our programme. His resilience and determination inspired us all as he embraced life with courage and grace.

In 2023, during our physiotherapy camp, he stood out with his proactive spirit, helping our team organize and encouraging others with his positivity. And during our Christmas gathering, his heartfelt words moved us deeply—he shared that our presence brought him more joy than any gift could.

Mottaiyandi's simplicity, love, and strength touched everyone who knew him. His loss is deeply felt, but his memory will always remain as a part of CHF's story. May his soul rest in peace, and may his family find comfort in this time of grief.



07.

Volunteer Note

Volunteer Note



Mrs. Shanthi
Daniel

I am so excited to share that I have been a part of the Catherine Hope Foundation for a couple of years now. My journey with this organization has been an eye-opening experience, helping me realize and appreciate how blessed I am in every aspect of my life.

As a volunteer at CHF, I have learned about many beneficiaries and their struggles—stories that deeply touch our hearts. Every time I write about a beneficiary, I feel a sense of fulfillment, knowing that I am contributing to society in some way.

At CHF, every staff member is valued and treasured like family, and this sense of belonging has helped me grow in countless ways. I am also deeply inspired by the passion and dedication of the founders in serving the community and raising many Catherines. Their commitment to helping those in need is truly commendable and deeply appreciated.

I am grateful for the opportunity to serve the community in whatever way I can.

Thank you.



08.

Staff Note

Mrs. Dhanam John Deva



My husband first met Graciana Ma'am when she and her team were providing lunch to the needy during COVID at the bus stand in Ennore. A few weeks later, they started distributing groceries to differently-abled people in our area. When the Catherine Hope Center was inaugurated, my family was invited to the ceremony, and we attended with great joy.

During the COVID-19 lockdown, I faced severe financial struggles. At that time, I got an opportunity to work at CHF as a Field Work Officer, and I have been serving in this role for the past four years. This job has been a blessing for my family, and I am deeply grateful.

I have personally experienced what it means to struggle for daily food, so I truly understand the pangs of hunger. Even though I have always had a strong desire to help those in need, I didn't have enough resources to support others on my own. However, through CHF, I get to help people who are suffering, which makes me happy.

One day, our CHF beneficiary, Beula, a cancer patient, called me and told me that she was starving. The moment I informed ma'am, she responded with deep empathy and immediately asked me to personally deliver to her house a month's supply of groceries. That incident touched my heart, and I was overwhelmed by the kindness and generosity shown to those in need.

Before joining CHF, I had many personal insecurities. I was afraid to speak in front of people and had extreme stage fright. But during the Thanksgiving meet, I was asked to share my thoughts and experiences. I was extremely nervous, but with divine grace, I was able to speak boldly—something I had never done before.

Being a part of CHF has transformed me as a person with confidence, purpose, and a heart full of compassion. My co-workers are very friendly, cooperative, supportive, and caring, both at work and in my personal life. Looking back, I feel truly blessed to be in a place where I can serve others.

CHF is not just an organization—it is a home where kindness and love are shared with those who need them the most.





09.

Donor Note



Mr. Rabindran And Mrs. Sheetal Rabindran

It has been several years since we have been associated with the wonderful work Catherine Hope Foundation is doing. Not all of us are able to actually go out and meet and do what our heart desires, and the next best thing is to support and cheer on those who selflessly manage to take out time to do so, just like the team of CHF.

When we read their bulletins, listen to the stories, and see how their work has impacted the poor, needy and people who are in difficult situations, we cannot help thanking God for them. The legacy they leave behind is a stunning display of love and values that extends to all without any barriers.

The kits they provide have sustained many hungry families. During the floods, their help has gotten families out of the waterlogging and filthy, given food, clothes and most importantly, their cheerful smiles and human touch.

Needless to say, they also regularly support cancer survivors and caregivers, especially those who are staying on the footpaths of Tata Memorial Hospital in Mumbai.

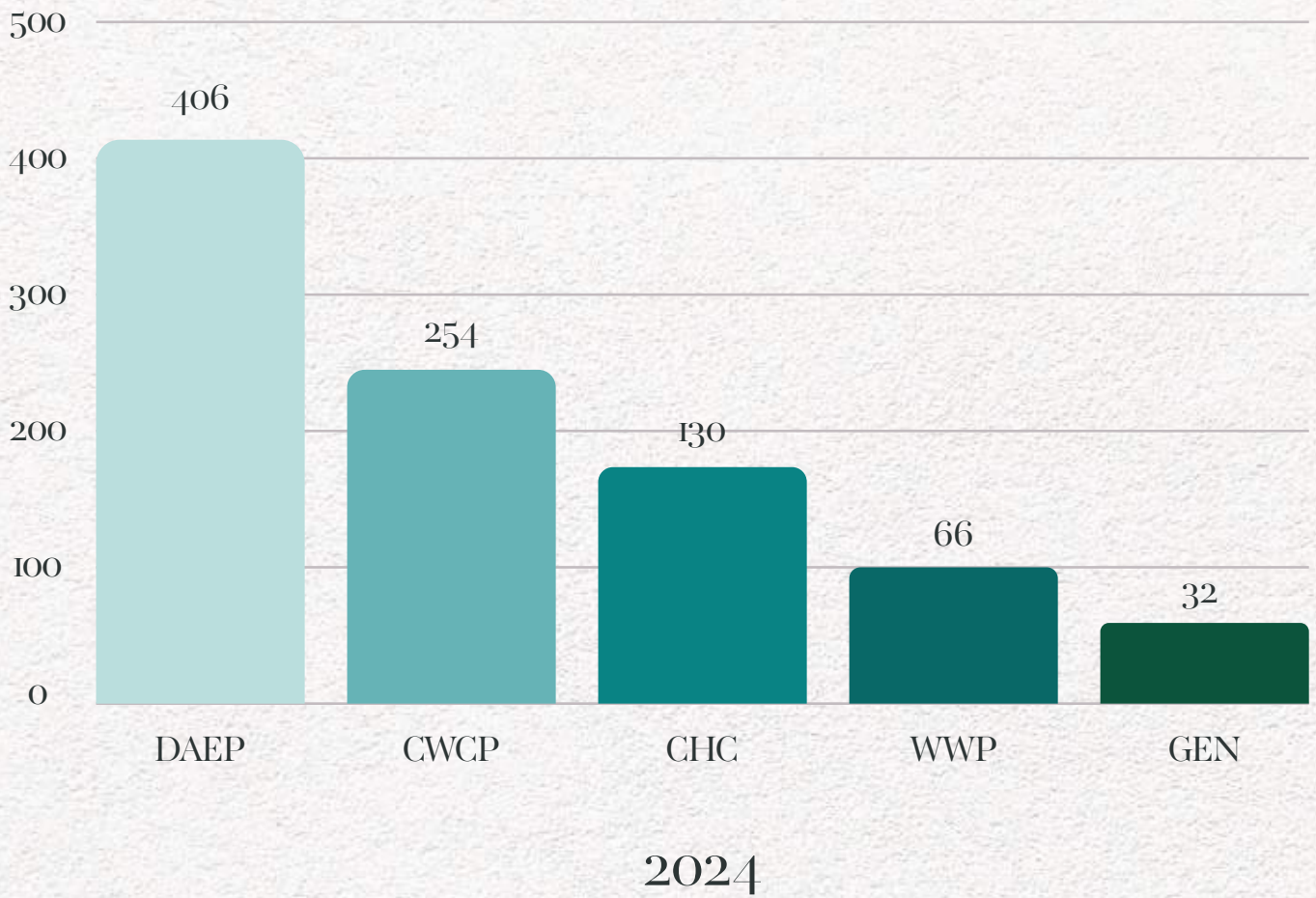
Christmas time also brought joy and happiness to all the children at the Catherine Hope Center, as they all enjoyed activities and gifts and left with packets of chicken biryani. We bless and thank the entire team for their wonderful work and service. May God enable them to bless many, many more through their efforts.








10.

Beneficiary Graph

Beneficiary Graph



-  Differently-Abled Empowerment Programme
-  Cancer Warriors' Care Programme
-  Catherine Hope Center Students
-  Widows Welfare Programme
-  General Beneficiaries





11.

Your Kindness Can
Bring Light to a
Life in Need

At Catherine Hope Foundation, we are committed to helping those who need it the most. Each month, we help differently-abled individuals, widows, cancer patients, and others facing tough times in Dindigul, Ennore and Mumbai.

Through the Catherine Hope Center, we provide daily tuition, music and computer classes, the Change Ambassadors Programme, and daily healthy snacks for about 40 children. We also provide monthly groceries and healthy grains to differently-abled individuals, widows, and underprivileged women in these areas.

In Mumbai, we exclusively care for cancer warriors on the footpaths of Tata Memorial Hospital, providing them with food, protein powder, fresh fruits, water, mosquito nets, blankets, wheelchairs, and even support for chemotherapy and surgeries. We also assist in finding safe, temporary accommodation and help prevent homelessness by offering rental support.

To keep our work going in Dindigul, Ennore and Mumbai, we need a minimum of ₹ 1.8 lakh every month for the above activities as well as to cover basic costs like staff salary, volunteer efforts, stipend, rent, and other monthly expenses.

How You Can Make a Life-Changing Impact:

- 1. Donate Monthly** — Your donation will help us continue providing these essential services to those in need, ensuring that no one is left behind.
- 2. Become an Ambassador** — Partner with us and help share our story, spreading the word so that more people can support this cause.
- 3. Promote Our Work** — Help us raise awareness about what we do, and encourage others to join us in making a difference.
- 4. Volunteer with Us** — Your time and skills can make a huge impact. Whether it's helping out at the Center or supporting online, every little bit counts.

Every contribution, no matter the size, goes directly to those who need it most. With your support, we can continue providing life-changing assistance to these communities and bring hope to those who need it most.

Take Action Today and Be Part of the Change!

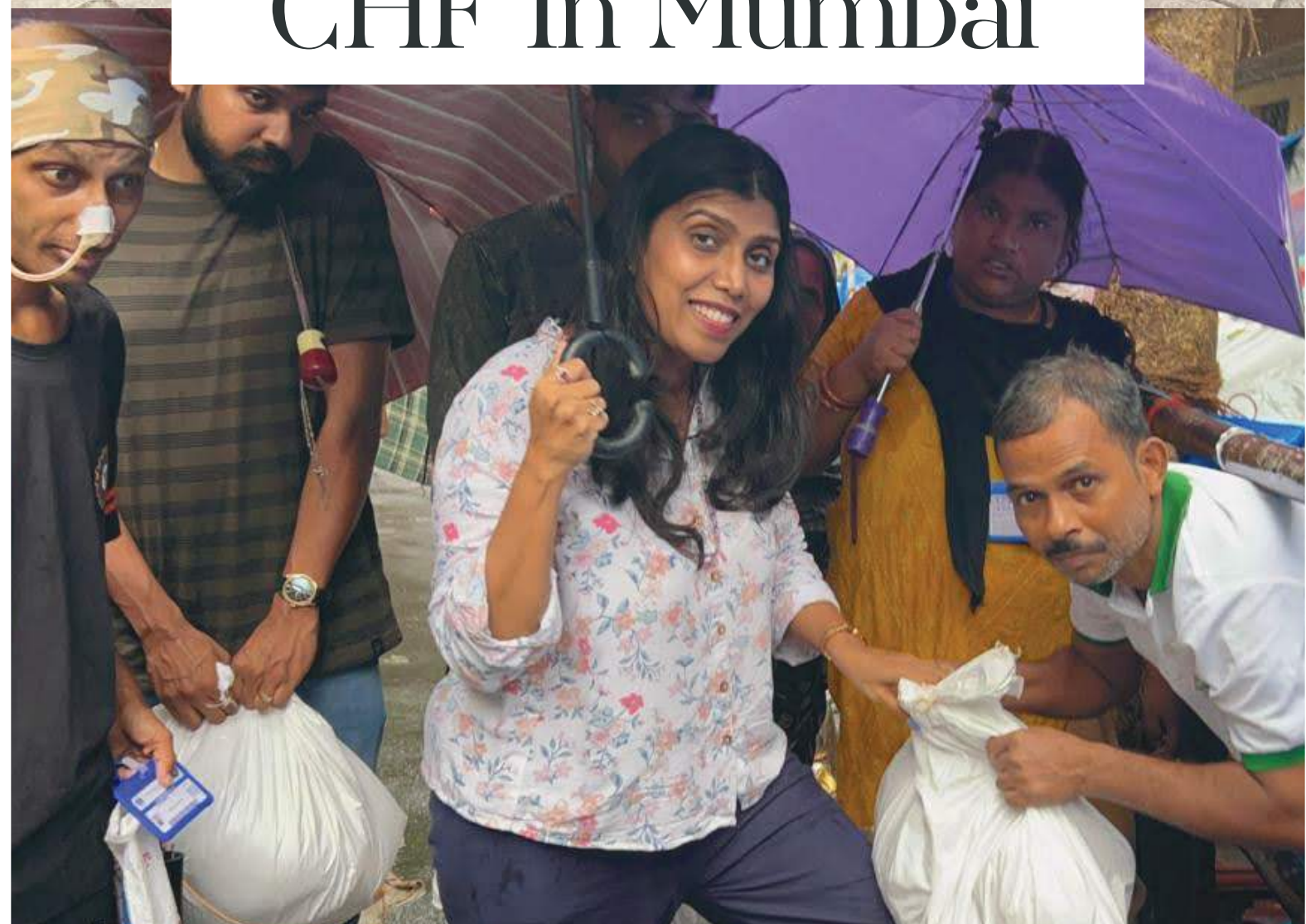


12.

2024 in Pictures



CHF In Mumbai





"Whenever
you visit us,
we
sometimes
forget our
pain"







CHF In Dindigul



"Now because of CHF, we are not hungry anymore"





CHF In Ennore











Thank you

CATHERINE HOPE FOUNDATION

www.catherinehopefoundation.org @cathyforj @catherinehopefoundation